



## A Bicycle Ride to Tour the Golan Heights with the Friends of the Israel Defense Forces



APRIL  
16-25, 2009

# CYCLE THE HEIGHTS

Come join the Friends of the Israel Defense Forces for a one of a kind Bicycle Tour in Northern Israel!



### COME JOIN US FOR A ONE OF A KIND TRIP BICYCLING ON ISRAEL'S AMAZING GOLAN HEIGHTS.

The trip will be biking 2-3 hours in the morning and touring/activities in the afternoon.

**COST:** \$2249 per person based upon double occupancy excluding airfare. Airfare is separate and must be arranged individually. The Friends of the Israel Defense Forces can provide a Travel Agent if necessary.

Itinerary is subject to change based upon conditions and availability.

Prices are based upon a group size of 20. A \$500 deposit is required to hold your spot.

Non-cycling spouses can be accommodated.

#### FOR MORE INFORMATION:

Please call Adam Baker at 248-738-4433 or email: [adambaker29@comcast.net](mailto:adambaker29@comcast.net)

#### INCLUDED IN THE PRICE IS:

- lodging in deluxe 2 bedroom cabin with kitchenette, refrigerator and jacuzzi
- tour guide
- bicycle tour itinerary and 7 days of guided bicycle riding
- bicycle mechanic and drivers
- sag wagon
- kayaking, rappelling/rappelling and sites of interest
- visits to national war memorials
- visits and tours of IDF bases
- unique BBQ dinners with IDF soldiers and special guests
- visits to Har Gilboa, the Northern Border, Mt. Hermon, Banias Waterfall and battle sites
- visit to an artist colony
- visit Hamat Gader Spa (treatments not included)